

# **KNEE** *EXPLORER* **TREKKER**



## Explorer User Manual

A guide to help users in the safe usage and maintenance of their knee walker.

# Inspect Your Merchandise

It is important to read and thoroughly understand the user's manual. If there are any parts that are not understood clarification should be sought prior to using the product. Upon receipt of your knee walker verify that it is complete and free of any shipping damages. If parts are missing or your walker is damaged please contact Lighthouse Medical.

## Operating Instructions

This medical device is designed to maximize mobility during your recovery from foot/ankle surgery or injury. It evenly distributes body weight by supporting half of the weight on the device and the other half on the non-injured leg. The knee platform has a cushion pad to support the injured leg and ankle to make certain no weight will be placed on the lower leg. Brakes are provided to allow for controlled movement and safety.

Ensure that the hand brake is fully engaged before mounting the Explorer knee walker. To move the knee walker, simply release the hand brake and push forwards or backwards with your good foot. Allow the knee walker to glide, and as it slows down, push again. **Weight Capacity on the Explorer knee walker is 150kgs** - including rider and all carry-ons.

**\*PLEASE MAKE SURE TO READ THE SETUP INSTRUCTIONS  
BEFORE OPERATING KNEE WALKER\***

# Limited Lifetime Warranty

The Explorer frame is warranted to be free of defects in materials and workmanship for the lifetime of the original consumer purchaser.

The lifetime warranty on the frame does not cover device failure due to owner misuse, negligence, or normal wear and tear and does not extend to non-durable components.

Brake components and hardware are warranted against manufacturer defect for one year. Wheels, rubber components, grips, cable, and the knee pad are warranted for 6 months as these parts are subject to normal wear and tear and will need periodic replacement.

If within such warranty period any such product shall be proven to be defective, the part will be repaired or replaced at Lighthouse's discretion.

Warranty covers full cost of replacement parts, it does not include labour or shipping costs.



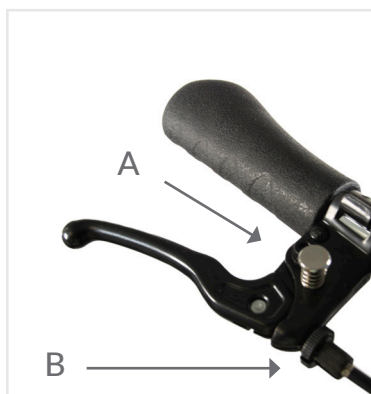
If you have any questions  
call us at **1.866.609.6827**

# Setup Instructions

## BRAKE OPERATION & ADJUSTMENT

The brakes are engaged by squeezing the brake lever on handle bar. Your knee walker comes equipped with a brake lock/parking brake **(A)**. Simply squeeze brake handle firmly and press the button to engage the lock. To release the lock, squeeze the brake handle again.

For minor adjustment the brake adjuster located on the handbrake **(B)** can be turned out from the hand brake counterclockwise to tighten the brake, or clockwise to loosen the brake. Keep the cable adjuster nut against the handbrake. If further adjustment is required apply the same method of adjustment at the lower cable adjuster **(C)**. As you adjust the cable adjuster and the adjuster nut away from each other the brakes will tighten and as you adjust them closer the brakes will loosen.



To ensure safe continuous operation of this knee walker, it is important to periodically inspect the knee walker for loose nuts and bolts and re-tighten as appropriate.

1. Check bolts on steering column, knee platform and handle on a regular basis and tighten bolts as required.
2. Check tire tread and replace when worn.
3. Check brake cable and replace when worn, stretched or damaged.

# Caution

## TO REDUCE THE RISK OF ACCIDENTS

The Explorer knee walker is designed for easy steering and stopping and should be used to carefully move about at slow, controlled speeds.

When turning the knee walker you should have the brake applied and be moving at a slow, safe, controlled speed. It is easy to tip the knee walker if you are making a turn with too much speed. Do not lean over the edge of the walker as this could cause the walker to tip.

Be aware of your surroundings when operating the knee walker. Look for hazards and avoid them. Do not use on stairs, over drops or barriers such as curbs and parking stops.

Do not travel over loose gravel or uneven surfaces or on inclines above 15° (slight incline).

Before operating your knee walker you should be trained by a healthcare professional or dealer. For use by adults only.

Use caution and balance and operate at your own risk.

## Safety Reminders

- Ensure knee platform and steering column are properly adjusted BEFORE the knee walker is used for the first time.
- Ensure that hand brake is engaged before mounting/dismounting the knee walker.
- Ensure to always operate your walker at slow, safe, controlled speeds.
- With routine use, nuts and bolts on the steering column, steering mechanism, frame and brake mechanism can and likely will become loose. Periodically check nuts and bolts after use and re-tighten as appropriate.

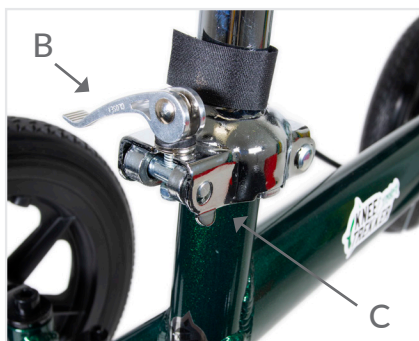
# Setup Instructions

## WHAT'S IN THE BOX:

Knee Walker with handlebars • Bag with 2 black star bolts  
Basket • Knee Platform

## STEP 1: INSTALL STEERING COLUMN

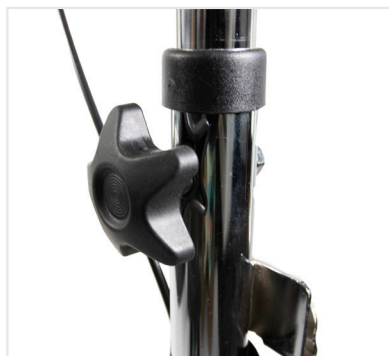
The steering column will be in a folded position when unpacking. When facing the front of the knee walker, raise the steering column (A) and push the clamp lever (B) to the left to allow (C) security pin to lock into place. Next, raise the clamp lever upward and tighten by turning it clockwise. Finally, push clamp lever down firmly to secure the steering column.



Reverse these steps when needing to lower steering column for transport.

## STEP 2: INSTALLING THE HANDLEBAR AND SETTING THE HEIGHT

Insert the handlebar into the steering column. The handle height should be set to the height of the user's waist. Your arms and hands should be in a comfortable position.



Adjust the handle height by pulling up/down on the steering column to the desired height, insert the black star bolt through the aligned holes and turn clockwise until tightened.

### STEP 3: INSTALL AND SET KNEE PLATFORM HEIGHT

The knee platform is designed to be used with either the right or left leg. Adjust the knee platform so that your injured leg is supported at a 90° angle when standing.



Insert the knee platform post (D) into the receiver tube (E) and adjust by pulling up/down on the post to the desired height, reinsert star bolt (F) through aligned holes and turn clockwise until tightened.



### STEP 4: ATTACH BASKET

Removable basket attaches to the clips on the front of steering column.



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